March 10, 2019 First Sunday of Lent

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BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

We are now at the First Sunday of Lent and entering the first full week of this time of preparation and spiritual growth before Holy Week and Easter! If you have not taken some time to consider how you can best grow closer to Jesus with the help of His grace or if you have thought about it, but need more ideas, I offer this weekend several suggestions that can help you this Lent:

- 1. Ask for God's will to be done in your life and then let Him lead. The best way to grow is to reflect on your life, talk it over with God and then follow Him. We need our Lord's grace to move forward in love with Him so be sure to talk over your life with Him!
- **2. Go to the Sacrament of Confession.** This is the Sacrament of Conversion and the Sacrament that brings about wonderful change in the soul. Remember the five elements of a good Confession: A. Examine your conscience; B. Have true contrition for having sinned against God; C. Make a firm resolution to not sin anymore; E. Confess all you sins, particularly mortal sins in number and kind; E. Complete the penance assigned by the priest.
- **3. Go to daily Holy Mass whenever possible.** The Real Presence of our good Lord Jesus in the Holy Eucharist is the center of our Catholic Faith. Try to be with Him as much as possible!
- **4. Examine you interior life.** Our Lord would very much like us to do this on a daily basis: what are my thoughts, feelings and desires? Then share what is in the heart with Jesus and Mary. We also need to look for our faults. In what areas of life is the heart resistant to the Will of God or the teachings of the His Catholic Church?
- 5. Pray the Rosary (if possible in the Church) and pray with a greater conviction of God's personal love for you. We all have need for more contact with God, especially with how busy we let our lives become. Mary teaches us how to be open to God. Through the Holy Rosary Mary brings us closer to Jesus. Also, take time to practice the four core habits of the interior life of prayer (ARRR): Acknowledge (inside oneself: thoughts, feelings, desires), Relate what is in the soul to God; Receive from God what He wills to communicate; Respond to what God shares with you.
- 6. Fast from not only food, but anything that takes one away from awareness of God's loving presence. Is it too much 'facebook', internet, television, or video games? Is it a habit of negativity or a critical tongue? Whatever tends to take your attention off of God during the day, try to fast from it.
- **7. Give alms or tithe.** The ancient practice sustains the Church and helps those who have less than we do. It also expands our souls to love God and our neighbor more. The sacrifice of alms giving helps us become more like God, who has given us all good things in life, including our time, talents and financial resources!
- **8.** Apologize to someone you have offended and forgive the faults of others. Who needs to hear you say that you are sorry for what you have done or said? Think it through and really mean it from

Welcome to the Churches of

St. Paul & St. Michael

We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Confession - Saturday 4:15pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to hoped-for wedding date.

Eucharist - Either Fr. Kasel or our Extraordinary Ministers of Holy Communion are happy to bring Holy Communion to parishioners who are homebound. Please contact either parish office.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements. WEEKEND HOLY MASS SCHEDULE:

Church of Saint Paul - Sunday Confessions at 8:25am, Rosary at 8:25am, Mass at 8:45am

Church of Saint Michael - Saturday Confessions at 4:15pm, Rosary at 4:35pm, Mass at 5:00pm

Church of Saint Michael - Sunday Mass at 7:00am and 10:30am WEEKDAY HOLY MASS SCHEDULE

Church of Saint Paul - Tuesday and Thursday

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

Church of Saint Michael - Wednesday and Friday

Confession 8am and Mass 8:30am

Zumbrota Care Center - 2nd Thursday of the month, Mass at 9:15am
Pine Haven Care Center - 1st Wednesday of the month, Mass at 11am

your heart when you apologize. Forgive grudges you have held onto. Let go of negative feelings. Forgive and let go of the debt of the lack of charity in any relationships.

9. Volunteer for God. What are you doing to build up the Kingdom of God? God delights in our effort to work with Him to build up His Church on earth. Volunteer to work for the salvation of souls! If you want know ways to get involved, ask your pastor! **10.** Read a good book. Our minds and hearts need to (cont. on pg.4)



Pray to the LORD of the Harvest Holy Hour for Vocations:

Tuesday, March 12 at 7:00—8:00pm at the Church of St. Michael, Pine Island. Details on page 4

Church of St. Paul St. Patrick's Ham Dinner and Silent Auction on Sunday, March 17, 2019 from 10:30am-1:00pm at VFW, Zumbrota. Details on page 3.

The Church of St. Michael Men's Club Fish Fries on Friday evenings during Lent –(March 15, 22, 29, April 5, & 12) at 4:30pm-7:00pm

STATIONS OF THE CROSS AT CHURCH OF ST. PAUL

Each Tuesday of Lent at 7:00pm

(Except March 12 at 6:00pm due to the Holy Hour for Vocations)
STATIONS OF THE CROSS AT CHURCH OF ST. MICHAEL

Each Friday of Lent at 7:30pm

<u>Holy Hour and Social for Men:</u> Sunday, March 10th at 7:00pm at the Church of St. Michael, Pine Island. Fr. Kasel will give a talk on "Understanding the Crisis in the Church". All men are invited!

CHURCH OF SAINT MICHAEL NEWS

CHURCH OF ST. MICHAEL FAITH FORMATION

The Next Class/Session: Wednesday, March 13, 2019 March Topic: The Trinity: That's a Mystery!

Below is the schedule:

6:00-6:30pm-Meal

6:35-7:30pm-Children Class/Parent & Adult Session

7:35-7:45pm-All students, parents, & teachers meet in the Church for adoration of the Blessed Sacrament and Benediction!

If your family has a conflict with any Wednesday sessions, you may attend either Parish. Please contact either Parish for any questions.

Our program is open for all of our parishioners to attend and it will benefit all ages! There will be separate presentations for adults & youth. If you are interested in attending our adult presentation and do not have children for the program, please RSVP by email or through sign-up sheet at the entrance of the church, if you would like to come to the meal.

MARK your Calendar: CATHOLIC VACATION BIBLE SCHOOL AUGUST 12-16, 2019 8:30am-12:00noon

We have an inspiring curriculum and activities, art projects, outdoor games, learn music, daily Holy Masses, prayer time, & more!

Words to Live by:

"One of the greatest diseases is to be nobody to anybody." St. Mother Teresa

"I want you to be concerned about your next door neighbor. Do you know your next door neighbor?" St. Mother Teresa

"How important children are in the eyes of Jesus! We could even say that the Gospel is full of the truth about children. The whole of the Gospel could actually be read as the 'Gospel of children'." St. John Paul II, Letter to Children in the Year of the Family, Dec. 13, 1994

"Faith and reason are like two wings on which the human spirit rises to the contemplation of Truth; and God has placed in the human heart a desire to know the truth – in a word, to know Himself – so that, by knowing and loving God, men and women may also come to the fullness of truth about themselves." St. John Paul II, Encyclical: On the Relationship Between Faith and Reason, September 14, 1998

Calling all Catholic Men! All men, fathers, and sons are invited to the Archdiocesan Men's Conference Saturday, March 23 at St. Thomas Academy in Mendota Heights. The theme this year is "Arming Men of Integrity" with guest speaker Patrick Madrid from Relevant Radio. The conference runs from 9am-4pm. with doors opening at 8am and the Sacrament of Reconciliation will be available. Bring your own lunch or purchase from the on-site food trucks! Find details and register at TheCatholicWatchmen.com. Cost: \$30. Group discounts available. Questions? Call Enzo Randazzo at 651-291-4483.

Dear Parishioners,

We invite you to join *FORMED*, an online service for accessing thousands of Catholic videos, audios and ebooks On Demand anytime, anywhere! As a member, you will have access to entertaining movies, inspiring audio talks, informative bible studies, and much more. We are providing this resource free of charge to help our members learn and grow in their faith. You will also be able to easily access any featured content the we are promoting within our community from time to time. So please join us.

Also once you have signed up, don't forget to download the free iOS or Android app to put FORMED at your fingertips.

We hope you will enjoy this incredible gift and please spread the word to others in our parish! *To sign up for FREE, just visit us here:* httmsp.formed.org. God bless you and all our parishioners!

In Christ through Mary,

Fr. Kasel

PI Food Shelf: The items requested for this month of March: **Baking Mixes**. Please help out the Food Shelf by bringing a box or two of Pancake, Muffin, Biscuit or Cake mixes to church.

WEEKLY TITHING for March 2-3, 2019

Envelopes: \$ 1,885.00 Plate: \$ 2,212.94 EFT: \$ 1,017.50 Total: \$ 5,115.44

COME AND JOIN US!

The Church of St. Michael Men's Club Fish Fries Serving from 4:30pm-7:00pm -each Friday of Lent

in STATE

(March 15, 22, 29, April 5 & 12) in the Community Room! STATIONS OF THE CROSS at 7:30pm

Pro Life Quote: "Human life must be respected and protected absolutely from the moment of conception. From the first moment of his existence, a human being must be recognized as having the rights of a person – among which is the inviolable right of every

HOLY MASS TIMES AND MINISTRY SCHEDULE

Wednesday, March 13, 2019

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

innocent being to life." Catechism of the Catholic Church 2270

Friday, March 15, 2019

8:00am Confessions/8:30am Holy Mass

Saturday, March 16, 2019

4:15pm Confession/4:35pm Rosary

5:00pm Holy Mass

Lector: Janet Bauch

EM: Jon Lenn

Server: Braxton Osterhaus Usher: Aarron Osterhaus Sunday, March 17, 2019

7:00am Extraordinary Form Holy Mass

10:30am Holy Mass **Lector:** Brian Brost **EM:** Ron Breid

Servers: Ian Brost, Liam Brost

Usher: Scott Pass

UPCOMING CHURCH ACTIVITIES

Sunday, March 10, 2019

7:00pm Holy Hour/Social for Men at St. Michael

Tuesday, March 12, 2019

6:00pm Stations of the Cross at St. Paul

7:00pm-8:00pm Holy Hour for Vocations at St. Michael

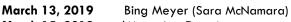
Wednesday, March 13, 2019 Faith Formation Class/Session Friday, March 15, 2019

4:30-7:00pm Fish Fry & 7:30pm Station of the Cross at St Michael Saturday, March 16, 2019 St.Pio Knights KOC meeting atSt. Michael Sunday, March 17, 2019

10:30am-1:00pm St. Patrick Ham Dinner at VFW, Zumbrota **Wednesday, March 20, 2019**

6:30pm HS & Confirmation Students-Youth Game Night at St. Michael **Sunday-Friday**, **July 7-12**, **2019** Youth Mission Trip to Chicago, IL

HOLY MASS INTENTIONS



March 15, 2019 †Mary Ann Downie March 16, 2019 †Elaine Farley March 17, 2019 (EF) †Bill Champion March 17, 2019 Parishioners



CHURCH OF SAINT PAUL NEWS

CHURCH OF ST. PAUL FAITH FORMATION

The Next Class/Session: Wednesday, April 3, 2019 April Topic: O Most Holy Week

Below is the schedule:

6:00-6:30pm-Meal

6:35-7:30pm-Children Class/Parent & Adult Session

7:35-7:45pm-All students, parents, & teachers meet in the Church for adoration of the Blessed Sacrament and Benediction!

If your family has a conflict with any Wednesday sessions, you may attend either Parish. Please contact either Parish for any questions.

MARK your Calendar: CATHOLIC VACATION BIBLE SCHOOL AUGUST 12-16, 2019 8:30am-12:00noon

We have an inspiring curriculum and activities, art projects, outdoor games, learn music, daily Holy Masses, prayer time, & more!

SILENG AUCTION: Baskets/Items for St. Patrick's

Ham Dinner: Calling all parishioners! We are looking for silent auction baskets and items for our silent auction fundraiser. We are in need of baskets to be donated for the Silent Auction held during



St. Patrick's Ham Dinner. Please make up any type of "basket" that you like or any individual items, including religious items, gift certificates, gift cards, homemade or purchased items. Please drop off any items at the parish office. *Thank you for your generosity.*

2019 Day of Recollection: The South East Deanery CCW and the St. Pius V CCW will host the 2019 Day of Recollection on Thursday, March 14th at the St. Pius V Catholic Church of Cannon Falls. Our speaker for the day will be Yen Fasano who has dedicated nearly two decades working with young people and the young-at-heart, teaching and sharing in Catholic schools, parishes and local settings. She was a part of the delegation from the Archdiocese that went to Orlando last July that focused on Pope Francis' encyclical, *The Joy of the Gospel*. Her proudest form of identification will always be "beloved daughter of God". Registration at 8:30, Speaker 9:00, Rosary 10:45 with Mass and Lunch to follow. A free will offering will be taken. Reservations call Pat Reinardy at 507-263-3295 or Ron.Reinardy@gmail.com by March 10,2019. Everyone welcome.

The 2019 Catholic Services Appeal: The CSAF is an independent non-profit focused solely on supporting 20 designated outreach ministries and nothing else. We invite you to prayerfully consider joining in the good work being done. Simply connect via your mobile device to csafspm.org, or complete a paper pledge form and drop it in the collection basket or mail it directly to the Foundation's office in Plymouth, MN. Thank you from the many ministries of the CSAF.

Together, we're transforming lives by God's grace. *Thank you so much for your continued support of the Catholic Services Appeal!*

Featured CD from our Lighthouse Media Display:

Anger and Forgiveness by: Deacon Dr. Bob McDonald Catholic psychotherapist Deacon Dr. Bob McDonald provides a spiritual and psychological prescription for overcoming the sinful anger that poisons the mind of Christ within, causing alienation and division. His practical wisdom shows that only by learning how to forgive can we hope to promote healing and understanding in our relationships and enjoy the blessings of a forgiving heart.

<u>Courage, the Missing Virtue Lectures</u>: March 28 6:30pm at Saint Mary's Cascade Meadow Center (2900 19th St NW Rochester) <u>or</u> March 29 at Noon at Saint Mary's Winona Campus (Room 200, Science and Learning Center). Dr. Peter Kreeft, Professor of Philosophy at Boston College and an excellent and well-known Catholic speaker, will be giving the talk. RSVP by Mar. 21 to smumn.edu/cardinal virtuersvp. For more information, call 507-457-1597. In order to help St. Mary's offset the cost of the event, please consider making a \$30/person contribution to CMA-DOW. (Checks can be sent to 1423 Woodview Lane SW, Rochester, 55902.) Please help spread the word. Receptions will follow the lectures.

WEEKLY TITHING for March 3, 2019

Envelopes: \$ 2,450.00 Plate: \$ 99.30 EFT: \$ 1,215.00 Total: \$ 3,764.30

Stations of the Cross at the Church of St. Paul:

Each Tuesday of Lent at 7:00pm
(Except March 12 at 6pm due to the Holy Hour for Vocations)





St. Patrick's Ham Dinner/Silent Auction **Sunday, March 17th**

The time is nearing for the **Annual St. Patrick's Ham Dinner** fundraiser. This year our dinner is scheduled on Sunday, March 17 at the Zumbrota VFW,

serving from 10:30am to 1:00pm. Please take time to sign up for donations and also to volunteer your time for the event. The **sign-up board** is at the entrance of the Church. You may also email at stpauls@hcinet.net or call the Parish Office 732-5324 to sign up.

Advanced dinner tickets are available at the Church office.

**For those who wish to give cash donation, there is a box and envelopes located by the Ham Dinner sign-up sheet or you may drop your donation in the collection basket.

If you have any questions, contact your committee members: Monica Capra & Chris Flaaen, Maggie Eggerichs & Sue Hinrichs, Shirley Gregory and Fr. Kasel

Thank you in advance for your willingness to make this endeavor a success!

HOLY MASS TIMES AND MINISTRY SCHEDULE

Tuesday, March 12, 2019

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

Thursday, March 14, 2019

9:15am Nursing Home Holy Mass

Sunday, March 17, 2019

8:25am Confessions/Rosary

8:45am Holy Mass - On 1st, 3rd, & 5th Sundays of the month Holy Mass will be versus populum; 2nd & 4th ad Orientem

Lector: Mark Huneke

EM: Loretta Froyum, Becky Mancilman,

Anne Varner, Rob Weber

Servers: Gunner Mancilman, Joel Matuska

Ushers: Tim Mack, Rick Ryan

Nursing Home Minister: Karen Hodgman

UPCOMING CHURCH ACTIVITIES

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HOLY MASS INTENTIONS



March 12, 2019 Fr. Thomas McCabe (T & J Meyer)

March 14, 2019 †Carol Zwart (Loretta Froyum) at Nursing Home

March 17, 2019 Parishioners

NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from pg. 1) be nourished with Love and Truth, who is God. Find a great Catholic spiritual book and enjoy it. Some suggestions: The Diary of St. Faustina; The Story of a Soul; The Sanctifier; The Miracle of the Mountain; True Devotion to the Virgin Mary.

Let us try some or even all of these 10 suggestions and then have the best Lent ever!

Through the intercession of Our Lady of Sorrows, St. Joseph, St. Michael and St. Paul, may our good Lord bless our parishes, our Archdiocese, and the whole Church! In Christ through Mary, Fr. Kasel

High School and Confirmation Candidates: Prayer, pizza and game night Wednesday, March 20th at 6:30-8:30pm at the Church of St. Michael, Pine island. All high school students and confirmation candidates are invited to this youth event.

Please rsvp to our parish offices! God bless you! In Christ through Mary, Fr. Kasel

KITUI UPDATE: Living Water Program- Lent 2019

Give Change...Change Lives. Here we are at another season of Lent! Water bottles are available again to support our Partnership of Kitui with much-needed water. Each time you turn your faucet on to take a drink of water, remember there is a child or persons who may be dying because of lack of water. Please be generous this year as you have been in the past to support this project which assists those in Kitui to build dams, supply water tanks for schools, and help CARITAS Kitui to find the areas of the diocese that are in most need of water. May God bless you during this Lenten Season. Questions regarding the Kitui Partnership may be directed to Parish Office 507-356-4280

Pray to the LORD of the Harvest

Holy Hour for Vocations: Tuesday, March 12, 7:00–8:00pm at the Church of St. Michael, Pine Island: All people of the Archdiocese



are invited to participate in the Holy Hours for Vocations, a new program sponsored by the Archdiocese of Saint Paul and Minneapolis. This year's seminarian posters show the calendar of the Holy Hours for Vocations that will be taking place at 7:00pm on the second Tuesday of each month. Each month, the Holy Hour for Vocations will take place at another parish in the Archdio-

cese. Come spend an hour with Jesus each month to pray for an increase in vocations to the priesthood, consecrated life and diaconate. For more information, please contact the Office of Vocations at 651-962-6890 or visit **10000vocations.org**.

St. Pio Knights of Columbus Council 16016- March 9th meeting was postponed. The meeting has been rescheduled to Saturday, March 16 at 8am at the Church of St. Michael Church, Pine Island. We will have an abbreviated Business meeting. The First Degree Initiation will be right after our meeting. Thank You!

Catholic Single Young Adults: Young adults ages 19-40+ are invited to the St. Patrick's Day Event, Sun. March 17, 6:30 – 9:00 p.m. at Holy Trinity in Goodhue. A young adult, Callum Hubka, will be speaking about how his Catholic faith informs his civic duty to vote. Fr. McCabe will also speak briefly on St. Patrick. Prayer, Potluck – including Corned beef/cabbage and shepherd's pie! (No green beer) and Fellowship. Call 651-923-4472 or email holytrinitygoodhue@gmail.com to let us know if you can bring something to this monthly gathering.



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For Plot Information Call the Parish Office 507-356-4280

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"Remember To Pray For Our Beloved Departed."