

March 29, 2020 Fifth Sunday of Lent

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BULLETIN ARTICLE DEADLINE All articles for the bulletin are due by noon on **Wednesday**. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

The Holy Mass is a priceless Spiritual Treasure! Yet, perhaps it is only in times like we have now, when Holy Mass is not celebrated in a public manner, that we can come to deeper understanding and profound gratitude for this Spiritual Treasure.

This time we are in offers each one of us great opportunities to grow in love for God. I encourage you to persevere in prayer, especially devotion to our Lord's Divine Mercy, the Virgin Mary and the Holy Rosary, and to St. Joseph.

This week I share with a beautiful meditation on the Holy Mass. I encourage you to take time with this and read it through a few times this week.

Meditation for Thursday of the 4th Week of Lent – The Holy Mass and Personal Self-Surrender

"The first reading of today's Holy Mass (Exodus 32:7-14) relates the intercession of Moses before Yahweh so that He should not punish His people's infidelity. He invokes moving reasons: the good name of the Lord among the Gentiles, the faithfulness of His people to the Covenant made to Abraham and his descendants. And, in spite of the infidelities and the inconstancy of the chosen people, God forgives once more. Moreover, God's love for His people, and through His people for the whole human race, will yet reach its supreme manifestation: *for God so loved the world that He gave His only Son, that whosoever believes in Him should not perish, but have eternal life* (John 3:16).

Christ's total self-surrender on our behalf, which reaches its culmination on Calvary, is an urgent call to us to correspond to His great love for each one of us. On the Cross, Jesus consummated His total self-surrender to His Father's Will, and showed His love for all men, for each and every person. *He...loved me and gave Himself for me* (Galatians 2:20). Faced with this unfathomable mystery of love, I should ask myself, what do I do for Him? How do I correspond to His love?

On Calvary, our Lord, Priest and Victim, offered Himself to His Heavenly Father, shedding His Blood, which became separated from His Body. This is how He carried out His Father's Will to the very end. It was the Father's Will that the redemption should be carried out in this way. Jesus accepts it lovingly and with perfect submission.

This internal offering of Himself is the essence of His sacrifice. It is His loving submission, without limits, to His Father's Will.

In every true sacrifice there are four essential elements and all of them are present in the sacrifice of the Cross: *priest, victim, internal offering and external manifestation of the sacrifice*. The external manifestation must be an expression of one's interior attitude. Jesus dies on the Cross, externally manifesting (through His words and His deeds) His loving internal surrender. *Father into Thy hands I commend My Spirit* (Luke 23:46). I have finished the task You committed to Me, I have fulfilled Your Will. He is, both then and now, at once Priest and Victim. *Since, then, we have a great High*

Welcome to the Churches of

St. Paul & St. Michael



We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!

SACRAMENTS

Baptism - Please contact the parish office.

Matrimony - Please call Father Kasel at least six months prior to hoped-for wedding date.

Eucharist - Either Fr. Kasel or our Extraordinary Ministers of Holy Communion are happy to bring Holy Communion to parishioners who are homebound. Please contact either parish office.

Anointing of the Sick - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

WEEKDAY & WEEKEND HOLY MASS SCHEDULE:

No Scheduled Public Holy Masses

Priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a High Priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sinning (Hebrews 4:14-15).

This internal offering of Jesus gives full meaning to all the external elements of His voluntary sacrifice – the insults, the stripping of His garments, the crucifixion.

The Sacrifice of the Cross is a single sacrifice. Priest and Victim are one and the same Divine Person: the Son of God made man. Jesus was not offered up to the Father by Pilate or by Caiaphas, or by the crowds surging at His feet. It was He who surrendered Himself. At every moment of His life on earth Jesus lived a perfect identification with His Father's Will, but it is on Calvary that the Son's self-surrender reaches its supreme expression.

We, who want to imitate Jesus, who want only that our life should be a reflection of His, must ask ourselves today in our prayer: do we know how to unite ourselves to Jesus' offering to the Father and accept God's Will at every moment? Do we unite ourselves to Him in our joys and our sorrows and in all the activities that make up each one of our days? Do we unite ourselves to Him at the more difficult times, such as moments of failure, pain or illness, and at the easy times, when we feel our souls filled with joy?

My Mother and Lady, teach me how to pronounce a 'yes' which, like yours, will identify with the cry of Jesus made before His Father: non mea voluntas (Luke 22:42) – *not my will but God's be done* (St. Jose Maria Escriva, The Way of the Cross, 4th Station).

To help us to meditate today on the unity that exists between the Sacrifice of the Cross and the Holy Mass, let us fix our attention on the interior oblation that Christ makes of Himself, with a total self-surrender and loving submission to His Father. The Holy Mass and the Sacrifice of the Cross are one and the same Sacrifice, although they are separated in time. There is made present once again, not the sorrowful and bloody circumstances of Calvary, but the (cont. on pg. 3)

Spiritual Communion Prayer:

My Jesus, I believe that You are truly present, Body, Blood, Soul and Divinity in the Most Holy Eucharist. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally in the Most Holy Eucharist, please come at least spiritually into my heart now. I spiritually embrace You and choose to unite myself wholly to You. Never permit me to be separated from You and Your Love. Thank You, Jesus! I love You! Amen.



CHURCH OF SAINT MICHAEL NEWS

CHURCH OF ST. MICHAEL FAITH FORMATION

The April Faith Formation Class/Session is **CANCELLED**.
(More information will be emailed later).

PRAYER TO ST. MICHAEL THE ARCHANGEL

St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O Prince of the Heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.



Individual Confessions during this Lent

Monday, March 30	7:00-8:30pm	St. Mary
Tuesday, March 31	4:00-5:00pm	St. Paul
Tuesday, March 31	6:00-7:00pm	St. Paul
Tuesday, March 31	7:30-8:30pm	Holy Trinity

Litany of the Most Precious Blood of Jesus

V/ Lord, have mercy. R/ Lord, have mercy.
V/ Christ, have mercy. R/ Christ, have mercy.
V/ Lord, have mercy. R/ Lord, have mercy.
V/ Jesus, hear us. R/ Jesus, graciously hear us.
V/ God, the Father of Heaven, R/ have mercy on us.
V/ God, the Son, Redeemer of the world, R/ have mercy on us.
V/ God, the Holy Spirit, R/ have mercy on us.
V/ Holy Trinity, One God, R/ have mercy on us.
Blood of Christ, only-begotten Son of the Eternal Father,
(Response: **save us, repeated after each invocation**)
Blood of Christ, Incarnate Word of God, ...**save us**.
Blood of Christ, of the New and Eternal Testament,
Blood of Christ, falling upon the earth in the Agony,
Blood of Christ, shed profusely in the Scourging,
Blood of Christ, flowing forth in the Crowning with Thorns,
Blood of Christ, poured out on the Cross,
Blood of Christ, price of our salvation,
Blood of Christ, without which there is no forgiveness.
Blood of Christ, Eucharistic drink and refreshment of souls,
Blood of Christ, stream of mercy,
Blood of Christ, victor over demons,
Blood of Christ, courage of Martyrs,
Blood of Christ, strength of Confessors,
Blood of Christ, bringing forth Virgins,
Blood of Christ, help of those in peril,
Blood of Christ, relief of the burdened,
Blood of Christ, solace in sorrow,
Blood of Christ, hope of the penitent,
Blood of Christ, consolation of the dying,
Blood of Christ, peace and tenderness of hearts,
Blood of Christ, pledge of eternal life,
Blood of Christ, freeing souls from purgatory,
Blood of Christ, most worthy of all glory and honor,
Lamb of God, who take away the sins of the world. R/ spare us, O Lord
Lamb of God, who take away the sins of the world,
R/ graciously hear us, O Lord.
Lamb of God, who take away the sins of the world,
R/ have mercy on us.
You have redeemed us, O Lord, in your Blood.
R/ And made us, for our God, a kingdom.



Let us pray. Almighty and eternal God, you have appointed your only-begotten Son the Redeemer of the world, and willed to be appeased by his Blood. Grant we beg of you, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of the present life, so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. R/ Amen

Pine Island Food Shelf: The items requested for April Crackers (Saltins & Snacks)

WEEKLY TITHING for March 21-22, 2020

There's no collection total this week.

EASTER FLOWERS FOR THE SANCTUARY



There is an envelope in your contribution packet for Easter flowers in memory of a loved one. The suggested donation is \$13. Please consider making a donation by mail or drop it in the Parish office by Sunday, April 5th. Thank you!

*Please pray for the repose of the soul of **Arlie Arthur Benike**, (parishioner), who passed away on March 20. 'Eternal rest grant unto him, O Lord; and let perpetual light shine upon him. May he rest in peace. Amen. May his soul and all the souls of the faithful departed, through the Mercy of God, rest in peace. Amen.'*



Words to Live By:

"He is Holy Joseph, because according to the opinion of a great number of doctors, he, as well as St. John Baptist, was sanctified even before he was born. He is Holy Joseph, because his office, of being spouse and protector of Mary, specially demanded sanctity. He is Holy Joseph, because no other Saint but he lived in such and so long intimacy and familiarity with the source of all holiness, Jesus, God incarnate, and Mary, the holiest of creatures."—St. John Henry Newman

"Truly, I doubt not that the angels, wondering and adoring, came thronging in countless multitudes to that poor workshop [of St. Joseph] to admire the humility of him who guarded that dear and divine child, and labored at his carpenter's trade to support the son and the mother who were committed to his care."—St. Francis de Sales
"Whereas Adam and Eve were the source of evil which was unleashed on the world, Joseph and Mary are the summit from which holiness spreads all over the earth."—Pope St. John Paul II:

"We wonder why the Gospel makes so little mention of St. Joseph. But did it not say everything when it taught us that he was the husband of Mary?"—Blessed William Joseph Chaminade

Pro Life Quote:

"Not all moral issues have the same moral weight as abortion and euthanasia. For example, if a Catholic were at odds with the Holy Father on the application of capital punishment or on the decision to wage war, he would not for that reason be considered unworthy to present himself to receive Holy Communion. While the Church exhorts civil authorities to seek peace, not war, and to exercise discretion and mercy in imposing punishment on criminals, it may still be permissible to take up arms to repel an aggressor or to have recourse to capital punishment. There may be a legitimate diversity of opinion even among Catholics about waging war and applying the death penalty, but not however with regard to abortion and euthanasia." ~ Cardinal Joseph Ratzinger (now Pope Emeritus Benedict XVI), *Worthiness to Receive Holy Communion: General Principles*, n. 3

HOLY MASS TIMES AND MINISTRY SCHEDULE

No Scheduled Public Holy Masses

Wednesday, April 1, 2020

9:00am-5:00pm Adoration of the Blessed Sacrament
(unless you hear otherwise)

HOLY MASS INTENTIONS

April 1, 2020	†Millie Zillgitt
April 1, 2020	†Leonard Noga (Byron & Mary Harris)
April 3, 2020	Lynn Kemmetmueller
April 3, 2020	†Xavier Van Dorns (Chad & Marlys Ohlendorf)
April 4, 2020	†Rita Prescher (Betty Clemens & Family)
April 5, 2020	(EF)†Darlene Bestgen (Rob & Sue Bestgen)
April 5, 2020	Parishioners

CHURCH OF SAINT PAUL NEWS

CHURCH OF ST. PAUL FAITH FORMATION
The April Faith Formation Class/Session is CANCELLED.
(More information will be emailed later).

From Father Kasel (from pg. 1) total loving submission of Our Lord to His Father's Will. This internal offering of Himself is identical on Calvary and in the Holy Mass: it is Christ's oblation. It is the same Priest, the same Victim, the same oblation and submission to the Will of God the Father. The external manifestation of the Passion and Death of Jesus goes on – in the Holy Mass, through the sacramental separation, in an unbloody manner, of the Body and Blood of Christ through means of the Transubstantiation of the bread and wine. In the Holy Mass, the priest is only the instrument of Christ, the Eternal and High Priest. Christ offers Himself in every Holy Mass in the same way as He did on Calvary, although now He does so through a priest, who acts *in persona Christi*. This is why every Holy Mass, even though it is celebrated privately by a priest, is not a private action, but the action of Christ and of the Church. In the Sacrifice that she offers, the Church learns to offer herself as a universal Sacrifice, and applies the unique and infinite redeeming virtue of the Sacrifice of the Cross for the salvation of the whole world (St. Paul VI, Encyclical: *Mysterium Fidei*, 4) Christ Himself, in each Holy Mass, offers Himself up, thus manifesting His loving surrender to His Heavenly Father. This is expressed now in the Consecration of the bread and, separately, in the Consecration of the wine. This is the culmination – the essence, the very nucleus, of the Holy Mass.

Our prayer today is a good time to examine how we attend Holy Mass and how we take part in it. *Are you at Holy Mass with the same dispositions that Our Lady had on Calvary? Do we realize that here it is the presence of the one and the same God and the consummation of the same Sacrifice?* (St. John Vianney, *Sermon on Sin*) Perfect love, a total identification with God's Will, will demand an offering of oneself, a desire to co-redeem.

As it is essentially identical with the Sacrifice of the Cross, the Sacrifice of the Holy Mass has an infinite value. In each Holy Mass there is offered to God the Father an infinite act of adoration, thanksgiving and reparation, quite independent of the specific dispositions of the people attending, or of the celebrant (priest). This is because Christ is at once the principal Offerer and the Victim who offers Himself. Thus there is no more perfect way of adoring God than by offering the Holy Mass, in which His Son, Jesus Christ, is offered as the Victim, and at the same time acts as the High Priest.

There is no more perfect way of *thanking* God for everything that He is and for His continual mercy towards us: there is nothing on earth that can be more pleasing to God than the Sacrifice of the Altar. Each time Holy Mass is celebrated, reparation (cont. on pg.4)



EASTER FLOWERS FOR THE SANCTUARY

There is an envelope in your contribution packet for Easter flowers in memory of a loved one. The suggested donation is \$13. Please consider making a donation by mail or drop it in the Parish office by Sunday, April 5th. Thank you!

Zumbrota Food Shelf Assistance: The Zumbrota Area Food Shelf will participate in the March Minnesota Food Share Campaign from March 1-April 12. This annual effort raises money and food to stock nearly 300 food shelves throughout Minnesota. Our service area includes Wanamingo, Goodhue/Bellechester, and Zumbrota. Thank you for your donations in the past. Your ongoing support will assure that our local food shelf will be able to continue to provide food for those in need. Donations may be mailed to Zumbrota Area Food Shelf, PO. Box 43; Zumbrota, MN 55992. Food donations may be dropped off any time the food shelf is open. During the month of March, donations may be dropped off 12-1pm on Mondays. To arrange an appointment time for drop-off, please call our message phone line at 507-732-7330 and one of our volunteers will call you back. Thank you.

WEEKLY TITHING for March 22, 2020

There's no collection total this week.

Individual Confessions during this Lent

Monday, March 30	7:00-8:30pm	St Mary
Tuesday, March 31	4:00-5:00pm	St. Paul
Tuesday, March 31	6:00-7:00pm	St. Paul
Tuesday, March 31	7:30-8:30pm	Holy Trinity

Litany of St. Joseph

Lord, have mercy. *Lord, have mercy.*
Christ, have mercy. *Christ, have mercy.*
Lord, have mercy. *Lord, have mercy.*
Christ, hear us. *Christ, graciously hear us.*
God, the Father of Heaven, *have mercy on us.*
God the Son, Redeemer of the world, *have mercy on us.*
God the Holy Spirit, *have mercy on us.*
Holy Trinity, One God, *have mercy on us.*
Holy Mary, **pray for us** (after each line)
Saint Joseph, *pray for us*
Renowned offspring of David,
Light of Patriarchs,
Spouse of the Mother of God,
Chaste guardian of the Virgin,
Foster-father of the Son of God,
Diligent protector of Christ,
Head of the Holy Family,
Joseph most just,
Joseph most chaste,
Joseph most prudent,
Joseph most strong,
Joseph most obedient,
Joseph most faithful,
Mirror of patience,
Lover of poverty,
Model of artisans,
Glory of home life,
Guardian of virgins,
Pillar of families,
Solace of the wretched, Hope of the sick,
Patron of the dying,
Terror of demons,
Protector of Holy Church,
Lamb of God, who takes away the sins of the world, *Spare us, O Lord.*
Lamb of God, who takes away the sins of the world, *Graciously hear us, O Lord.*
Lamb of God, who takes away the sins of the world, *Have mercy on us.*
V. He made him the lord of His house:
R. And ruler of all His substance.

Let us pray: O God, who in Thine unspeakable providence didst vouchsafe to choose blessed Joseph to be the spouse of Thine own most holy Mother: grant, we beseech Thee, that we may deserve to have him for our intercessor in heaven, whom we reverence as our defender on earth: who liveth and reigneth world without end. Amen.



HOLY MASS TIMES AND MINISTRY SCHEDULE

No Scheduled Public Holy Masses

Tuesday, March 31, 2020

9:00am-5:00pm Adoration of the Blessed Sacrament
(unless you hear otherwise)

HOLY MASS INTENTIONS

March 31, 2020	†Ethel Adams & family
April 2, 2020	†Nathan Mullenbach
April 5, 2020	Parishioners



NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from pg. 3) is made for all the sins of the world, because of the infinite dignity of the Priest and of the Victim. We have here the only perfect and adequate *reparation*, to which we must unite our acts of sorrow. It is the only adequate Sacrifice that we men can offer, and through it our daily occupations; our sorrows and our joys can take on in it an infinite value. The Holy Mass is *really the heart and the center of the Christian world* (St. John Paul II, *Homily at the Seminary of Venegono*, May 21, 1983). In this Holy Sacrifice, *there is engraved whatever is most profound in the life of every human being: the life of the father, the mother, the child, the elderly person, the young man and the young woman, the teacher and the student, the man of culture and the uneducated man, the nun and the priest – of each one without exception. It is in this way that man's life becomes inserted, by means of the Eucharist, into the mystery of the living God* (St. John Paul II, *Homily at the 20th Italian National Eucharistic Congress*, May 22, 1983).

The fruits of each Holy Mass are infinite, but in us they are conditioned by our personal dispositions, and thus limited. Mother Church invites us to share conscientiously, actively and piously in the most sublime action which takes place each day (cf. Vatican Council II, *Sacrosanctum Concilium*, 11 and 48). We have to try to be attentive and recollected, particularly at the moment of the Consecration. For these moments we will try to penetrate into the Soul of Him who is at once Priest and Victim in His loving oblation to God the Father, just as on Calvary. This Sacrifice will then be the central point of our daily life, as it is of the liturgy and of the life of the Church. Our union with Christ at the moment of the Consecration will be the more complete the greater our

identification with God's Will; the greater our dispositions of self-giving. In unity with the Son we offer the Holy Mass to the Father and, at the same time, we offer ourselves through Him, with Him and in Him. This act of union must be so profound and true that it permeates the whole of our day and has a decisive influence on our work, on our relations with others, on our joys and failures: in fact, on everything we do.

If when the moment of Communion arrives and Jesus finds us with these dispositions of self-surrender, of loving identification with the Will of God the Father, what will He do but pour out the Holy Spirit with all His gifts and graces on to us? We have many aids to enable us to live the Holy Mass well. Amongst others we have the help of the Angels, *who are always present there in large numbers to give honor to this holy mystery. If we unite ourselves to them and their intentions we must indeed receive much favorable influence from their company. The choirs of the Church militant unite and join in with Our Lord in this Divine Act: in Him, with Him and through Him, in order to win over the heart of God the Father and to make His mercy forever our own* (St. Francis de Sales, *Introduction to the Devout Life*). Let us turn to them in order to help us avoid distractions. Let us make the effort to take more loving care of this unique moment in which we share in the Sacrifice of the Cross." (From: *In Conversation with God* by Francis Fernandez) Through the intercession of Mary, the Mother of God, St. Joseph, St. Michael and St. Paul, may God bless us with the graces we each need to grow in holiness this Lenten Season!

In Christ through Mary,
Fr. Kasel



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Call the Parish Office
507-356-4280

St. Paul/Minneapolis Archdiocese Victim Assistance Program Hotline:
(651) 291-4475

Safe Environment: The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.

Parish Safe Environment Coordinator: Sara McNamara
St. Michael: 507-356-4280
stmichaeloffice@bevcomm.net
St. Paul: 507-732-5324
stpauls@hcinet.net

Church of St. Paul Cemetery
For Plot Information
Call the Parish Office
507-732-5324

"Remember To Pray For Our Beloved Departed."