

August 16, 2020  
Twentieth Sunday in Ordinary Time

Father Randal Kasel, Pastor frkasel@bevcomm.net

Father Thomas McCabe, Parochial Vicar frmccabe@bevcomm.net

Josefina Meyer & Sara McNamara, Staff

CHURCH OF ST. PAUL 749 South Main St., Zumbrota, MN 55992

Office: 732-5324 Fax: (507) 732-5347 Email: stpauls@hcinet.net

OFFICE HOURS: Tues & Thurs 9am-noon, 1-5pm, Wed Closed, Fri 9am-noon

CHURCH OF ST. MICHAEL 451 5th St. SW, Pine Island, MN 55963

Office: 356-4280 Fax: (507)356-2080 Email: stmichaeloffice@bevcomm.net

OFFICE HOURS: Tues-Thurs 9am-noon & 1pm-5pm, Fri 9am-noon

Website: <http://www.stpaulstmichael.com>

**BULLETIN ARTICLE DEADLINE** All articles for the bulletin are due by noon on Wednesday. Please e-mail Saint Paul articles to stpauls@hcinet.net and Saint Michael articles to stmichaeloffice@bevcomm.net. The business office reserves the right to edit articles as time and space allows.

### From Father Kasel

Praised be Jesus Christ through Mary!

Dear Brothers and Sisters in Christ Jesus,

During this month of August, the month of the Blessed Virgin Mary, let us ask of our good Lord to give us a true devotion to the Immaculate Heart of His Mother, Mary! This Sunday is the 20<sup>th</sup> Sunday in Ordinary Time. This weekend I share with you a reflection on the importance of prayer. I encourage you to reflect over this message a few times this week:

**The Importance of Prayer: How to ask. The Lord pays special attention to the prayers of His children.**

In the Gospel of today's Holy Mass (Mt. 15:21-28) St. Matthew tells us that Jesus and His disciples withdrew to the district of Tyre and Sidon. He went from the shores of the Sea of Galilee to the coast of the Mediterranean. There a Gentile woman approached Him. She was a Canaanite, a descendant of the original peoples of Palestine, the land which God had promised to the Jews. She cried out with a loud voice: *Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon.*

Despite the woman's cries, the Evangelist relates of the Lord that *He did not answer her a word.* According to St. Mark, this encounter took place in a house, and it was here that the woman *fell down at His feet.* (Mark 7:24-25) It seemed as if Our Lord did not pay any attention to her.

Later on, when Jesus and His companions were getting ready to leave the house, St. Matthew writes that the disciples complained to Jesus: *Send her away, they said, for she is crying after us.* The woman perseveres in her clamor, but the response of Jesus seems curiously cold: *I was sent only to the lost sheep of the house of Israel.* The woman refuses to give up: *But she came and knelt before Him, saying, 'Lord, help me'.* What Faith! What humility! What steadfastness there is in her petition!

Jesus uses the image of the Kingdom to explain how He must first preach the Gospel to His Jewish brethren, the chosen people: *It is not fair to take the children's bread and throw it to the dogs,* He says. But the woman, armed with an unshakable Faith, will not take 'No' for an answer: *Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table.* She enters into the parable and conquers the Heart of Christ, provoking one of the greatest compliments uttered by Our Lord as well as procuring the miracle she requested: *O woman, great is your Faith! Be it done for you as you desire. And her daughter was healed instantly.* This was the reward for her perseverance.

The noble mothers who appear in the Gospels are always seeking the best for their children. They know how to appeal to Jesus for assistance and favors. On one occasion it was the mother of James and John who approached the Lord to seek advancement for them. Another time it was the widow of Naim who was weeping for the young man who had been her only child. Perhaps it was only an anguished and pleading look into the eyes of Christ that led Him to

# Welcome to the Churches of

# St. Paul & St. Michael



*We are happy that you are here! If you are new to our parishes, please call or stop at the Parish Office. We would love to meet you and answer any questions that you might have!*

## SACRAMENTS

**Confession** - Saturday 4:15pm at St. Michael; Sunday 8:25am at St. Paul and 8:00am before daily weekday Holy Mass at both parishes.

**Baptism** - Please contact the parish office.

**Matrimony** - Please call Father Kasel at least six months prior to make arrangements.

**Anointing of the Sick** - This is for someone who is seriously ill, dealing with major surgery or infirm. Please contact Father Kasel to make arrangements.

## WEEKEND HOLY MASS SCHEDULE:

**Church of Saint Paul - Sunday** Confessions at 8:25am, Rosary at 8:25am, Mass at 8:45am

**Church of Saint Michael - Saturday** Confessions at 4:15pm, Rosary at 4:35pm, Mass at 5:00pm

**Church of Saint Michael - Sunday** Mass at 7:00am, Rosary at 10:05am, Mass at 10:30am

## WEEKDAY HOLY MASS SCHEDULE

**Church of Saint Paul - Tuesday and Thursday**

Confession 8am & Mass 8:30am, Rosary at 8:10am before Mass

**Church of Saint Michael - Wednesday and Friday**

Confession 8am and Mass 8:30am

bring the body back to life... The woman in today's Gospel is a perfect model of constancy in prayer, a model intended for all those who tire easily of praying to God.

St. Augustine relates in his *Confessions* how his mother, St. Monica, never ceased to implore God for the conversion of her son. Nor did she weary of asking good and wise people to speak to her son to dissuade him from his erroneous ways. One day a holy bishop said to her these words by way of consolation: *Go your way; as sure as you live, it is impossible that the son of these tears should perish.* (St. Augustine, *Confessions*, 3, 12, 21) Much later, St. Augustine himself was to write: *If I did not perish in error, it was due to the daily tears of my mother, who was so full of Faith.* (*idem. Treatise on the Gift of Perseverance*, 20, 53)

God listens in a special way to the prayer of those who know how to love, even though at times it may appear that He is deaf to the entreaty. He wants our Faith to become more strong, our Hope to become more profound, our Love to become more trusting. He wants everyone to have the desire and the humility that a good mother has.

**Characteristics of prayer: perseverance, Faith and humility. Seeking the help of others to join in our prayers.**

The prayer of petition plays an important role in the life of men and women. Although the Lord provides countless blessings without our ever asking for them, He has set aside many graces the granting of which will depend upon our personal prayer, or upon the prayers of others who are close to Him. St. Thomas teaches that our petitions do not change the Divine Will, but instead win for us what has already been set aside for us if we should ask. (St. Thomas, *Summa Theologiae*, 2-2, q. 83, a. 2) As a result, we should petition the Lord without ceasing. Who knows how many blessings are waiting for us if only we ask for them? We should (cont. on pg. 3)

**Holy Hour for Women** will be on Sunday, August 30, at 6:00pm at Church of St. Michael, Pine Island. All women are invited!

**From the Apostolic Constitution of Pope Pius XII on the Assumption of the Blessed Virgin Mary**

“In their sermons and speeches on the Feast day of the Assumption of the Mother of God, the holy fathers and the great doctors of the Church were speaking of something that the faithful already knew and accepted: all they did was to bring it out into the open, to explain its meaning and substance in other terms. Above all, they made it most clear that this Feast commemorated not merely the fact that the Blessed Virgin Mary did not experience bodily decay, but also her triumph over death and her Heavenly glory, following the example of her only Son, Jesus Christ.

Thus St John Damascene, who is the greatest exponent of this tradition, compares the bodily Assumption of the revered Mother of God with her other gifts and privileges: *It was right that she who had kept her virginity unimpaired through the process of giving birth should have kept her body without decay through death. It was right that she who had given her Creator, as a Child, a place at her breast should be given a place in the dwelling-place of her God. It was right that the bride espoused by the Father should dwell in the Heavenly bridal chamber. It was right that she who had gazed on her Son on the cross, her heart pierced at that moment by the sword of sorrow that she had escaped at His birth, should now gaze on Him seated with His Father. It was right that the Mother of God should possess what belongs to her Son and be honored by every creature as God’s Mother and handmaid.*

St Germanus of Constantinople considered the preservation from decay of the body of the Mother of God, the Virgin Mary, and its elevation to Heaven as being not only appropriate to her Motherhood but also to the peculiar sanctity of its virgin state: *It is written, that you appear in beauty, and your virginal body is altogether holy, altogether chaste, altogether the dwelling-place of God; from which it follows that it is not in its nature to decay into dust, but that it is transformed, being human, into a glorious and incorruptible life, the same body, living and glorious, unharmed, sharing in perfect life.*

Another very ancient author asserts: *Being the most glorious Mother of Christ our Savior and our God, the giver of life and immortality, she is given life by Him and shares bodily incorruptibility for all eternity with Him who raised her from the grave and drew her up to Him in a way that only He can understand.*

All that the holy fathers say refers ultimately to Scripture as a foundation, which gives us the vivid image of the great Mother of God as being closely attached to her Divine Son and always sharing His lot.

It is important to remember that from the second century onwards the holy fathers have been talking of the Virgin Mary as the new Eve for the new Adam: not equal to Him, of course, but closely joined with Him in the battle against the enemy, which ended in the triumph over sin and death that had been promised even in Paradise. The glorious Resurrection of Christ is essential to this victory and its final prize, but the blessed Virgin’s share in that fight must also have ended in the glorification of her body. For as the Apostle says: *When this mortal nature has put on immortality, then the Scripture will be fulfilled that says “Death is swallowed up in victory”.*

So then, the great Mother of God, so mysteriously united to Jesus Christ from all eternity by the same decree of predestination, immaculately conceived, an intact virgin throughout her Divine Motherhood, a noble associate of our Redeemer as He defeated sin and its consequences, received, as it were, the final crowning privilege of being preserved from the corruption of the grave and, following her Son in His victory over death, was brought, body and soul, to the highest glory of Heaven, to shine as Queen at the right hand of that same Son, the Immortal King of Ages.”

**Pine Island Food Shelf:** The items requested for AUGUST: Paper products (Toilet tissue, Kleenex, Paper Towels)

**Garden Produce:** Pine Island Sharing Shelves gladly accept **garden produce**, just drop it off at the food shelf during open hours (every Wednesday 9-11 am and 2nd and 4th Tuesdays from 5:30-7:00 pm).

**WEEKLY TITHING for August 8-9, 2020**

Envelopes:	\$ 2,918.00
Plate:	\$ 410.00
EFT:	\$ 382.50
<b>Total:</b>	<b>\$ 3,710.50</b>



*Please pray for the repose of the soul of Bob Braaten, (husband of Sis Braaten, parishioner), who passed away August 12. ‘Eternal rest grant unto him, O Lord; and let perpetual light shine upon him. May he rest in peace. Amen.’*

**Prayer to Mary, our Immaculate Queen**

O Mary Immaculate Queen, look down upon this distressed and suffering world. Thou knowest our misery and our weakness. O Thou who art our Mother, saving us in the hour of peril, have compassion on us in these days of great and heavy trial. Jesus has confided to thee the treasure of His Grace, and through Thee He wills to grant us pardon and mercy. In these hours of anguish, therefore, thy children come to Thee as their hope.

We recognize thy Queenship and ardently desire thy triumph. We need a Mother and a Mother’s Heart. Thou art for us the luminous dawn which dissipates our darkness and points out the way to life. In thy clemency obtain for us the courage and the confidence of which we have such need.

Most Holy and Adorable Trinity, Thou Who didst crown with glory in Heaven the Blessed Virgin Mary, Mother of the Savior, grant that all her children on earth may acknowledge her as their Sovereign Queen, that all hearts, homes, and nations may recognize her rights as Mother and as Queen. Amen.



**PRO-LIFE QUOTES**

“The attack on the innocent and defenseless life of the unborn has its origin in an erroneous view of human sexuality, which attempts to eliminate, by mechanical or chemical means, the essentially procreative nature of the conjugal act. The error maintains that the artificially altered conjugal act retains its integrity. The claim is that the act remains unitive or loving, even though the procreative nature of the act has been radically violated. In fact, it is not unitive, for one or both of the partners withholds an essential part of the gift of self, which is the essence of the conjugal union. The so-called “contraceptive mentality” is essentially anti-life. Many forms of so-called contraception are, in fact, abortifacient, that is, they destroy, at its beginning, a life which has already been conceived.”~ Cardinal Raymond Burke, *Advancing the Culture of Life in Hope and With Obedience*, October 29, 2011

**HOLY MASS TIMES**

**Wednesday, August 19, 2020**

8:00am Confessions/8:30am Holy Mass (also live-streamed)  
9:00am-5:00pm Adoration of the Blessed Sacrament

**Friday, August 21, 2020**

8:00am Confessions/8:30am Holy Mass (also live-streamed)

**Saturday, August 22, 2020**

5:00pm Holy Mass

**Sunday, August 23, 2020**

7:00am Extraordinary Form Holy Mass  
10:30am Holy Mass (also live-streamed)

**HOLY MASS INTENTIONS**

- August 19, 2020** †Richard Krause (Joan Krause)
- August 21, 2020** Ganz Family (Nelson Family)
- August 22, 2020** †Francis Kelly (T & J Meyer)
- August 23, 2020** (EF)Tom & Bing Meyer (Lynn K.)
- August 23, 2020** Parishioners



## CHURCH OF SAINT PAUL NEWS

(From Father Kasel...from pg. 1) ask others to pray for the fervent intentions we have in our hearts, to pray for all the blessings we need and can receive from the Lord. St. Thomas says that this is one of the reasons why Jesus did not reply immediately to the Canaanite woman. He wanted the disciples to intercede for her. In this way He shows us the importance of the intercession of the saints. (*idem.*, *Catena Aurea*, vol. II, p. 338) The Gentile woman wanted an extraordinary miracle. That required an extraordinary kind of prayer, accompanied by enormous Faith and deep humility. Perseverance is a prerequisite to all petition - *They ought always to pray and not lose heart* (Luke 18:1); this was Christ's teaching. *Persevere in prayer. Persevere, even when your efforts seem sterile. Prayer is always fruitful.* (J. Escriva, *The Way*, 101) The prayer of the Canaanite woman was successful from the very first moment. Jesus was only waiting for her to prepare her heart to receive the great blessing she asked for.

We have to petition with Faith. Faith nurtures prayer, and prayer, as it grows, leads to firmness in Faith. (St. Augustine, *Homily 115*) Both are intimately united. This woman had a great Faith: *She shows her belief in the Divinity of Christ when she calls Him Lord. She shows her belief in the humanity of Christ when she calls Him Son of David. The woman asks for nothing based on her merits. She only invokes the mercy of God by saying: 'Have mercy on me'. And she doesn't ask for mercy for her daughter, but mercy for herself, because her daughter's pain is truly her pain. In order to win Christ's compassion she gives a full description of the suffering when she states: 'my daughter is severely possessed by a demon'. From these words the Divine Doctor learns about her ailment, its gravity and its origin - the gravity when she says 'severely possessed'; the origin at the words 'by a demon'.* (St. Thomas, *Catena Aurea*, vol. II, pp. 336-337)

Perseverance in prayer comes from a life of Faith, of confidence that Jesus is always listening to us. This Faith leads us to a complete abandonment into the hands of God. *Tell Him: Lord, I want nothing other than what You want. Even those things I am asking You for at present, if they take me an inch away from Your Will, don't give them to me.* (J. Escriva, *The Forge*, 512) I want only what You want, because it is what You want.

**Above any other petition, asking for the needs of our souls.**

**Asking for material needs insofar as they bring us closer to God.**

The Canaanite woman teaches us another characteristic of true prayer besides perseverance. She teaches us the importance of humility. Prayer can rise up only from a humble and repentant heart: *A humble and contrite heart, O God, thou will not despise.* (Ps. 50:19) God resists the proud and gives His grace to the humble (cf. 1 Pet. 5:5; Jas. 4:6), to the person who sees himself as *servus pauper et humilis*. (cf. *Divine Office, Hymn for the Solemnity of Corpus Christi*)

The Lord wants us to ask Him for many things. First of all, we should ask for what refers to our souls since *the sicknesses they can contract are severe. It is our souls Our Lord mainly wants to cure of these ailments. If He works to cure the body, He has done so for the sake of the soul.* (St. John Chrysostom, *Homilies on St. Matthew's Gospel*, 14, 3) It can happen that *as soon as we contract a physical malady, we will leave no stone unturned until we are free of its effects. On the other hand, when the sickness affects the soul we respond with vacillation and delay... We make the primary secondary and the secondary primary. We treat the symptoms and not the disease.* (ibid.) What our souls can really use are the grace to fight against our defects, more rectitude of intention in our work, perseverance in our vocation, light to receive more fruit from Holy Communion, a more refined sense of charity, docility in spiritual direction and more apostolic zeal... Our Lord also wants us to ask for other things we need, such as help to recover after a small defeat; employment, if we need a job; good health... And all of these we seek insofar as they will lead us to love God more. We don't want anything that will take us away from what is really important - to be always united to Christ. (cont. on pg. 4)

### WEEKLY TITHING for August 9, 2020

Envelopes:	\$ 1,700.00
Plate:	\$ 75.00
<b>Total:</b>	<b>\$ 1,775.00</b>

**Upcoming Wedding:** Please pray for Kathryn Hodgman and Calvin Peterson, who will be married at St. Columbkil on August 22.

**Spiritual Communion Prayer:** *My Jesus, I believe that You are truly present, Body, Blood, Soul and Divinity in the Most Holy Eucharist. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally in the Most Holy Eucharist, please come at least spiritually into my heart now. I spiritually embrace You and choose to unite myself wholly to You. Never permit me to be separated from You and Your Love. Thank You, Jesus! I love You! Amen.*



### Words to live by:

Prayer is a surge of the heart, it is a simple look turned toward Heaven, it is a cry of recognition and of love, embracing both trial and joy." *St. Therese of Lisieux*  
"Prayer is the raising of one's mind and heart to God or the requesting of good things from God." *St. John Damascene*  
"Pray as though everything depended on God. Work as though everything depended on you." *St. Augustine*  
"Prayer is nothing else than being on terms of friendship with God." *St. Teresa of Avila*  
"God speaks in the silence of the heart. Listening is the beginning of prayer." *St. Teresa of Calcutta*

### Natural Family Planning (NFP) classes beginning soon

Classes teach couples the Church approved methods on how to achieve or postpone pregnancy while embracing the beauty of God's gift of sexuality.

The **Creighton Ovulation Method** will be taught by the Twin Cities FertilityCare Center on:

Monday, August 26 at Our Lady of Grace Edina

Register online at [www.tcnfp.org](http://www.tcnfp.org)

The **Marquette Model Ovulation-Sympto Hormonal Method** classes will be held on:

Sunday, August 30 - Online

Register at <https://www.eventbrite.com/e/109396756644>

The **Sympto-Thermal Method** will be taught by the Couple to Couple League on:

Española Class

Monday, August 17 at St. Gabriel the Archangel, Hopkins

Register at [tmendez2013@gmail.com](mailto:tmendez2013@gmail.com). For a complete list of classes offered throughout the Archdiocese, visit [www.archspm.org/amily](http://www.archspm.org/amily) or call 651-291-4489.

### HOLY MASS TIMES

#### Tuesday, August 18, 2020

8:00am Confessions/8:30am Holy Mass

9:00am-5:00pm Adoration of the Blessed Sacrament

#### Thursday, August 20, 2020

8:00am Confessions/8:30am Holy Mass

#### Sunday, August 23, 2020

8:25am Confessions/Rosary

8:45am Holy Mass - On 1st, 3rd, & 5th Sundays of the month  
Holy Mass will be versus populum; 2nd & 4th ad Orientem

### HOLY MASS INTENTIONS

**August 18, 2020** †John Perra (Loretta Froyum)

**August 20, 2020** †Conway Marvin (Karen Hodgman)

**August 23, 2020** Parishioners



## NEWS FROM SAINT MICHAEL AND SAINT PAUL

(from pg. 3) Jesus is most pleased when we pray for others. St. John Chrysostom teaches: *Necessity obliges us to pray for ourselves. Fraternal charity obliges us to pray for others. God finds the prayer motivated by charity to be more meritorious than the prayer motivated by necessity.* (idem., *Catena Aurea*, vol. 1, p. 354)

We should pray for all those in our families and for everyone the Lord has put by our side. Parents have a special obligation to pray for their children, especially if they have fallen away from the Faith. Parents should also pray for those children who have been called to a life in His service. We should accompany our prayers with works so that God will hear our pleas more promptly - by offering, for example, hours of work or study for a particular intention in question, by accepting God's Will in suffering or in the face of contradictions and by practicing charity and mercy at every opportunity.

Christians in all times have felt moved to present their petitions through holy intercessors, through each person's Guardian Angel, and through the special mediation of Our Blessed Mother, Holy Mary. St. Bernard says that *our Advocate rose to Heaven, where she could act on behalf of our salvation as Mother of the Judge and Mother of Mercy.* (St. Bernard, *Sermon on the Assumption of the Blessed Virgin Mary*, 1, 1) We should never fail to go to Our Lady each day, since so much depends on her." (From: *In Conversation with God* by Francis Fernandez)

Through the intercession of the Immaculate Heart of Mary, St. Joseph, St. Michael and St. Paul, may God grant us the grace of a faithful and prayerful interior life!

In Christ through Mary,  
Fr. Kasel

**Rosary procession:** Join us for a Rosary procession in honor of the Blessed Virgin Mary on Sunday, August 16 after the 10:30am Holy Mass at St. Michael, Pine Island. Please follow the usual distancing and safety expectations during the procession.

**Rosary Rallies:** Please join us in public prayer for our state and country's elections, conversion, and peace on the Sundays leading up to the elections. These rallies will be held on Sundays near the Rochester Government Center at the corner of **4th St. SE and 3rd Ave. SE at 3pm**, the Divine Mercy Hour. The next two Rally dates are: **August 23 and 30**. We encourage all to step out in faith and courage to publicly pray for our state and country. Bring your families and friends. If you are ever unable to join us physically, please consider joining us spiritually by praying a Holy Rosary and Divine Mercy Chaplet from wherever you are. May our united prayers through Mary find the Heart of Jesus.

Questions: Contact Mary at [mamiot@hotmail.com](mailto:mamiot@hotmail.com) or 507-287-6481/ Janela at [daveandjanela@gmail.com](mailto:daveandjanela@gmail.com) or 507-282-6090.

### †ADORATION of the BLESSED SACRAMENT†

Can you spend an hour with Jesus? Adoration is held at St. Paul, Zumbrota on Tuesdays from 9am-5pm and St. Michael, Pine Island on Wednesdays from 9am-5pm.

 Buy one Blizzard at regular price, receive 2nd Blizzard of equal/lesser value <b>FREE!</b> 215 E. 18th St. Zumbrota <b>732-5910</b>	 210 3rd St. NW Pine Island, MN 55963 <b>507-356-8304</b> <a href="http://www.pinehavencommunity.org">www.pinehavencommunity.org</a> Pine Haven Community provides a continuum of care through the belief that every person is unique	 <b>Hub Food Center</b> 228 West Ave. Zumbrota <b>507-732-7329</b> <a href="https://www.nilssensfoods.com">https://www.nilssensfoods.com</a>	Steve Johnson's  Hwy 52 & 58 in Zumbrota <b>507-732-5127</b> Home: 651-460-6706 <a href="http://www.zumbrotaford.com">www.zumbrotaford.com</a>	<b>ZUMBROTA MINI STORAGE</b> Lighting—Paved 24 Hour Access 1550 Jefferson Drive, Zumbrota <b>507-696-4406</b>
 <b>TOM &amp; SCOTT SHANE</b> Commercial & Industrial <b>507-824-2191</b>	<b>Rochester Cremation Services</b> Honesty Kindness Trust Affordable Funerals Cremations & Memorial Services Michael D. Johnson 1605 Civic Center Dr. NW Rochester, MN 55901 (507) 206-4449 <a href="http://Rochestercremationservices.mn.com">Rochestercremationservices.mn.com</a> 			<b>HEMANN, GROVER &amp; Company Ltd.</b> Certified Public Accountants <i>"Building &amp; managing wealth for your business &amp; family"</i> <b>Glen P. Hemann, CPA</b> <a href="mailto:ghemann@zumbrotacpa.com">ghemann@zumbrotacpa.com</a> 404 Main St. S. Zumbrota <b>732-7800</b>
<b>Mahn Family</b> Funeral Homes <b>Larson Chapel</b> 1475 Jefferson Dr. Zumbrota, MN (507) 732-5444 <b>Mahler Chapel</b> 209 NW 1st Ave. Pine Island, MN (507) 356-4620	<b>Owen Locker Plant</b>  110 2nd St. NE Pine Island, MN 55963 <b>507-356-8612</b>	<b>Knollwood Apartments</b> Located next door to the Church of St. Michael Walk to Sunday Mass! Call for more information <b>(507)-356-8448</b>	<b>St. Paul/ Minneapolis Archdiocese Victim Assistance Program Hotline:</b> (651) 291-4475	
<p><b>Safe Environment:</b> The Archdiocese of St. Paul/Minneapolis requires all volunteers who interact with minors or vulnerable adults to complete the Essential 3 (background check, Code of Conduct, and VIRTUS training) before beginning their service, and to renew every three years while serving. Please contact the Safe Environment Coordinator for details on how to register for a VIRTUS class, complete the Essential 3, or do updates.</p>	<p><b>Parish Safe Environment Coordinator:</b> Sara McNamara  <b>St. Michael:</b> 507-356-4280  <a href="mailto:stmichaeloffice@bevcomm.net">stmichaeloffice@bevcomm.net</a>  <b>St. Paul:</b> 507-732-5324  <a href="mailto:stpauls@hcinet.net">stpauls@hcinet.net</a></p>	<p><b>Church of St. Michael Cemetery</b>                  For Plot Information                  Call the Parish Office  <b>507-356-4280</b></p>	<p><b>Church of St. Paul Cemetery</b>                  For Plot Information                  Call the Parish Office  <b>507-732-5324</b></p> <p style="text-align: center;"><i>"Remember To Pray For Our Beloved Departed."</i></p>	